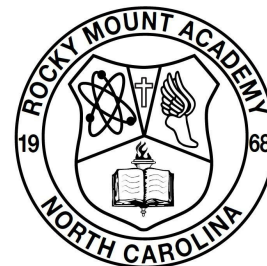


2020-21

**PROTOCOLS FOR COMPETITIONS HELD
AT ROCKY MOUNT ACADEMY**



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1. Roster screening for essential personnel and athletes should be sent to the Director of Athletics the morning of competition. Both home and visiting schools will communicate this information to each other. Live stream information will be shared for visitors to log on and view games.
 2. We will follow athlete and spectator limits per NCISAA guidelines. Buses are to park in the parking lot nearest the Proctor Hall entrance to the gym, and use the designated doors labeled "Gym Entrance". Visitors will use the restrooms in Proctor Hall.
 3. RMA will have a Certified Athletic Trainer on site for all competitions. There will be an on-site administrator at all games. Gayle High, RMA Athletic Director, can be reached at 252-813-7269 if needed. Teams should come dressed and ready to play, as locker rooms will not be available. All team members should have a mask and water bottle of their own when entering the gym. Water coolers will not be provided. Masks should be worn at all times, even during play. Teams should travel with their own warm up balls.
 4. Each team will have a pre-game warm up lasting no longer than thirty minutes. The Cafeteria will be used by the visiting team for no more than ten-minute half time gatherings. Masks must be worn during this time. There will be no handshakes before or after the game. Student-athletes and coaches are encouraged to give a thumbs up and friendly wave after the games completion.
 5. Rocky Mount Academy will permit two adult spectators per student- athlete for home games. Bleachers will be marked with proper physical distancing. After each completion the spectators and team will leave and the gym will be sanitized to prepare for the next game. All RMA spectators and athletes should exit through the rear gym doors.