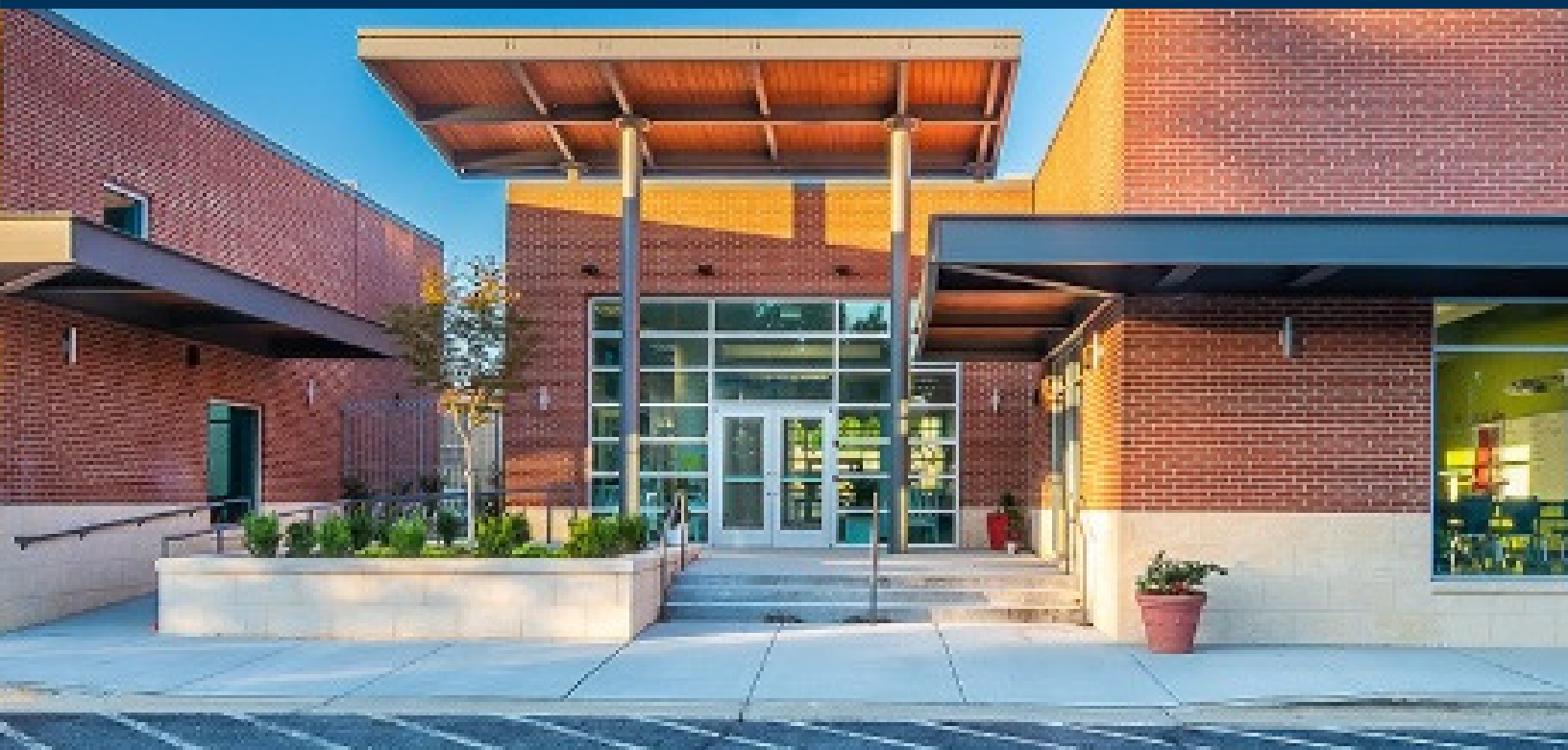


RockyMount ACADEMY



- Guiding Principles
- Program Information
- Health and Wellness
- Deciding When to Stay Home
- Virtual/Remote Learning

OUR GUIDE TO COVID HEALTH AND SAFETY

2021 - 2022



GUIDING PRINCIPLES

Rocky Mount Academy is committed to maintaining a proper balance between the safety of our students and faculty and bringing students back on campus to have the relationships and experiences with each other and their teachers that our school depends on.

Guiding Principles for a Safe Campus:

- Protect the health and safety of students and staff.
- Comply with government orders and utilize guidelines issued by the CDC, the Department of Health and Human Services, and the American Academy of Pediatrics.
- Ensure effective use of sanitation methods, hygiene and hand washing, and physical distancing to the greatest extent possible.
- RMA strongly encourages all students and faculty, regardless of vaccination status, to wear a mask whenever physical distancing can not be ensured or is not possible.

PROGRAM INFORMATION

Rocky Mount Academy plans to resume all scheduled programs, extra curricular, and athletic activities.

After School Enrichment (PK-5)

ASE will operate from 3:00 - 6:00 daily for students in PK through 5th grade. No drop-in care will be allowed this year, so it is important to register for full-time care or weekly care. Additional information about RMA's ASE program for 2021-2022 is available on www.rmacademy.com/engage/ase.cfm.

After School Study Hall (6-12)

After School Study Hall will resume as well for students in Middle and Upper School. A check in and check out process will be in place, and students will be seated and socially distanced in grade level "pods". The hours of study hall are 3:20 - 5:30.

Learning Resource Center (PK-8)

The Learning Resource Center will resume with its regular schedule to assist students daily.

Athletics

Fall athletics will resume with a normal schedule. The NCISAA strongly recommends that all coaches, athletes, spectators, and other participants who are not fully vaccinated wear a face covering indoors unless an exception applies or they are physically distanced more than 6 feet apart at all times.

Fine Arts and Physical Education

Art, Music, Drama, and PE will resume on August 23rd. Safety protocols and physical distancing, as appropriate, will be maintained. Performances and contests will be scheduled and visitors will be allowed.

Volunteers and Visitors

In order to minimize risk and maintain a healthy environment for our students and staff, access to campus will be strictly limited to students and staff (including substitute teachers and essential personnel only). We will resume on-campus and in-classroom volunteer opportunities as soon as it is deemed safe to do so.

Lunch and Break

The cafeteria will be open to all students in grades 1-12, with designated seating. Pre-K and kindergarten students will have lunch delivered to their classrooms. Break items will be served in the cafeteria to MS and US students daily.

HEALTH AND WELLNESS

We will need your support to maintain a healthy campus and reinforce our health and safety standards. You can help your children prepare by incorporating the following into your daily routine:

- Frequent hand washing
- Use of hand sanitizer
- Coughing and sneezing into elbows
- Daily temperature checks
- Physical activity and time outside
- Teaching and practicing physical distancing (6' apart)
- Wearing a cloth face covering for shorter and then longer periods of time if you choose to have your child masked throughout the school day.

*Face coverings should not be worn on children under the age of two or anyone who has trouble breathing.

*Students and employees who travel internationally or to a destination under a CDC Level 3 or higher Travel Health Notice are required to notify the school and self-quarantine for 10 days (10 school days) upon return.

The RMA Wellness Pledge

All families must commit to supporting RMA's health, wellness, and safety standards. This includes daily temperature checks and keeping children at home when they have COVID-like symptoms or have potentially been exposed. All families must sign and return the RMA COVID Waiver as well as the Wellness Pledge prior to the start of school on August 23, 2021.

Requirements for Face Coverings for School and School Sponsored Events

The CDC and AAP view the use of cloth face coverings as an important way to slow/stop the spread of COVID-19. RMA strongly encourages all students and faculty, regardless of vaccination status, to wear a mask whenever physical distancing can not be ensured or is not possible. All students and faculty/coaches will be required to wear a mask while on buses during school sponsored activities or in route to school.

Students and faculty members who choose to wear masks must bring a cloth face mask every day. Cloth face masks must be of solid color with no messaging. RMA logos are allowed if purchased in our school store.

RMA's face mask policy is subject to change in the case of a government mandate or if warranted by special circumstances.

Don't Forget to Keep Your Children Emotionally Safe:

Discuss the RMA mask policy and health standards with your children prior to the start of school. Allow them to ask questions and share their feelings. Reassure them that all of the adults in their lives are looking out for them and are here to support their well-being. Additional resources are available under our COVID-19 tab on the website. Please contact Susan Morgan, Director of Student Services, if you or your child need additional support.

DECIDING WHEN TO STAY HOME

Health & Wellness Pledge

I pledge to:

1. Monitor My Child's Health:

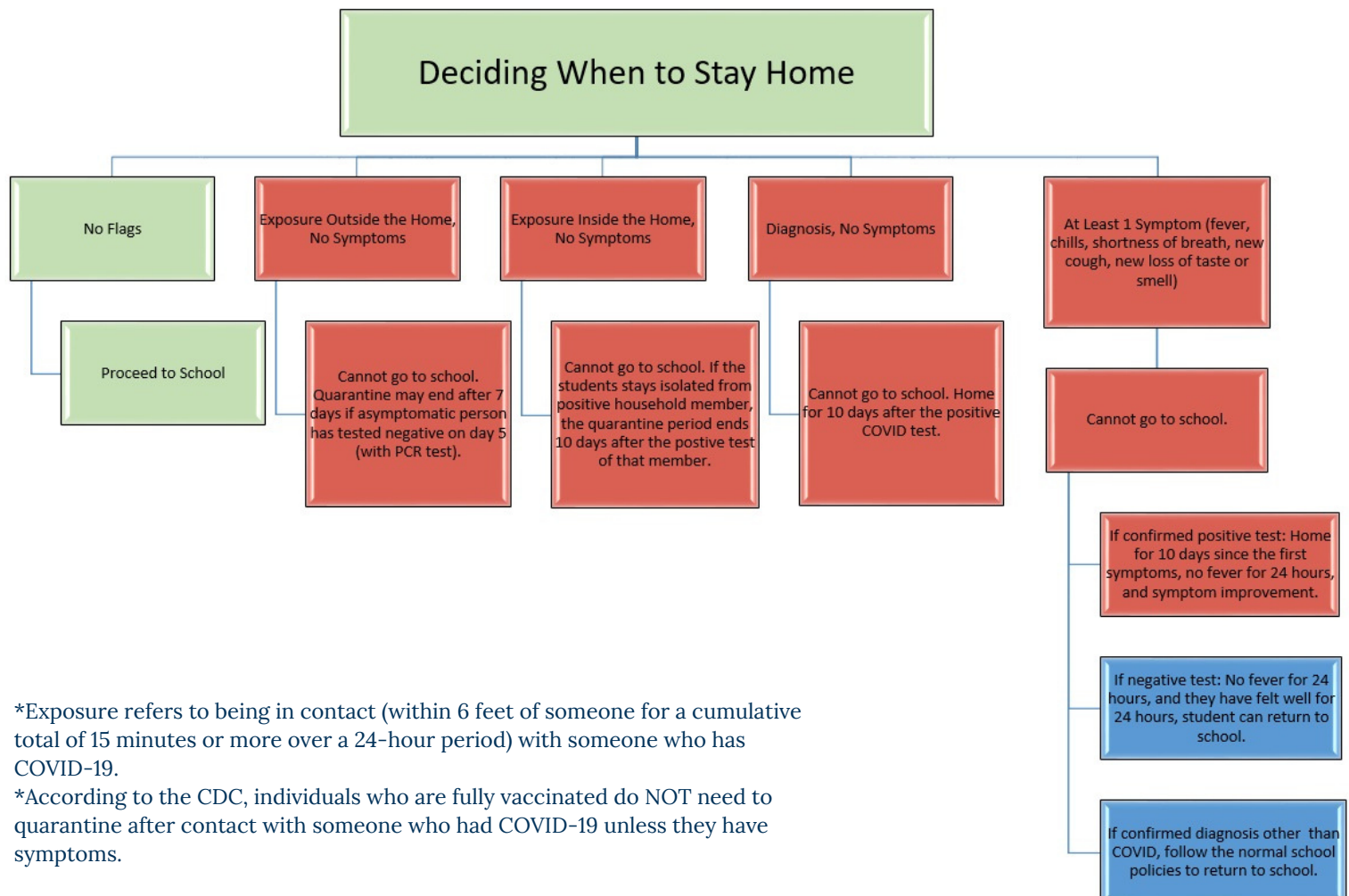
- I will not send my child to school if he/she is unwell or exhibits any COVID-like symptoms.
- I will not send my child to school if he/she has a fever of 100 degrees or higher.

2. Follow Public Health Directives:

- Parents and students who travel internationally or to a destination under a CDC Level 3 or higher Travel Health Notice are required to notify the school and self-quarantine for 10 days upon return.

3. Communication:

- I will notify the school nurse if a member of my household has been exposed to someone with a confirmed case of COVID-19.
- I will monitor school communication via email and access current notifications at www.rmacademy.com- COVID-19 tab.





VIRTUAL LEARNING POLICY

The mission of Rocky Mount Academy is to prepare students for the challenges, opportunities, and responsibilities they will encounter in life and college. The core values of academics, character, community, and global awareness are best nurtured in an in-person learning environment. While the use of technology plays a significant role in its in-person instructional program, on its own, it is not considered an adequate replacement for the Rocky Mount Academy experience. Therefore, Rocky Mount Academy does not offer a virtual/remote learning option as an alternative to in-person learning for its students.

REMOTE LEARNING

Even with the planning and protocols we have in place, there may be circumstances beyond our control in the coming year. In the event that a school closure is mandated by government officials OR conditions in our area warrant a school closure, we will operate remotely for as long as we have to.

During any period of temporary interruption and/or school mandated quarantine, we will remain committed to delivering our mission by providing a quality online learning experience that includes teacher face time, livestreamed and recorded lessons, and virtual events to keep our community connected. This will allow for flexibility for all of our students.

During a building closure, we will do everything in our power to offer childcare for lower school students if allowed by local health officials.



RMA Safety Task Force

LEADERSHIP

Beth Covolo, Head of School

MEMBERS

Emily Ballance, Director of College Counseling

Patsy Bradley, Business Manager

Katherine Bryant, Director of Development

Robbie Davis, Technology Teacher

Jennifer Epps, School Nurse

Hadley Gross, Director of Admissions

Amanda Harrell, Head of Middle School

Gayle High, Athletic Director

Martha Lancaster, Head of Lower School

Watson Lancaster, Facilities Manager

Susan Morgan, Director of Student Services

Timmy Tucker, Head of Upper School

April Whitehead, Director of Exceptional Children

Be sure to monitor school
communications located under the
COVID-19 tab on www.rmacademy.com
for additional information and updates.